## Loop 2

# Marshes & Lanes

**Explore the Waveney Valley...** 

2. Beccles & Bungay Loop via Ringsfield & Geldeston 17miles

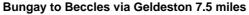
Beccles to Bungay via Ringsfield 9.5 miles Starting from the centre of Beccles, follow Route 1 of the NCN in a southerly direction along Ballygate until you come to the junction where you need to follow the route over the road and into Ringsfield Rd.

At the top of Ringsfield Rd, you do have a further two options for cycling on Route 30 to Lowestoft or Route 31 for Southwold.

Follow Route 1 signs through the attractive country lanes of Ringsfield, Ringsfield Corner and onto Corner Farm. At Corner Farm junction, you could turn left & use the suggested link south on Route 1 in the Halesworth direction.

To continue on the loop proceed straight ahead then turn right and immediate left into Great Common with the sign for Ilketshall St. Andrew on the right. After this point, you follow all the brown Heart of Suffolk cycling signs – they will take you through Ilketshall St Andrew. Take the right Mettingham on the corner and again keep following the brown signs which will require you to turn right for Bungay.

This approach into Bungay is delightful as you ride past Mettingham Castle. You will travel down Annis Hiill where you need to cross over to the lane which is almost immediately opposite. Turn left into the slip road where you turn right into Kents Lane and then, very carefully, turn left and cycle the main road into Bungay. Turn right at the T junction which will bring you into the busy centre with the Buttercross eventually on your right.



Head out of Bungay in a north easterly direction down Bridge Street and follow Route 30 signs at all times. This route will take you along Ditchingham Dam for a short spell. Turn right into Pirnhow Street - old maltings buildings are on the left and football fields on the right. After a very short time, turn left onto the old road where directed and immediate right on the signed path which will lead you down onto a leafy stretch of traffic-free path which runs parallel with the A143. Follow this route until you are directed right and first left into a quiet lane.



Take the right at the T junction to continue on the loop or left will link you to Loddon via Route 1. Continuing on the loop, follow all Route 1 signs via Geldeston and Gillingham Dam.

At the busy T junction, take great care when turning right for Beccles

along Gillingham Dam.

#### **BECCLES TOWNLANDS CHARITY**







#### **ADDITIONAL INFORMATION**

A) Broads Authority Information Centre Fen Lane, Beccles Tel: 01502 713196

B) The Locks Inn, Geldeston Tel: 01508 518414

C) The Horseshoes Pub, Ringsfield Tel: 01502 713114

D) Bungay Castle Earsham Street Café, Bungay Tel: 01986 893103

E) Beccles Bell Tower
Beccles Lido, Puddingmoor Tel: 01502 713297

F) Ellingham Mill (private)

G) Mettingham Castle (private)

H) The Wherry Inn, Geldeston Tel: 01508 518371

### **CYCLE HIRE**

Martha's Cottage Cycle Hire, Barnby, Nr Beccles Tel: 01502 476789

Outney Meadow Caravan Park, Bungay Tel: 01986 892338

